#### Models for Coaching

Choosing a coaching model that works for young entrepreneurs

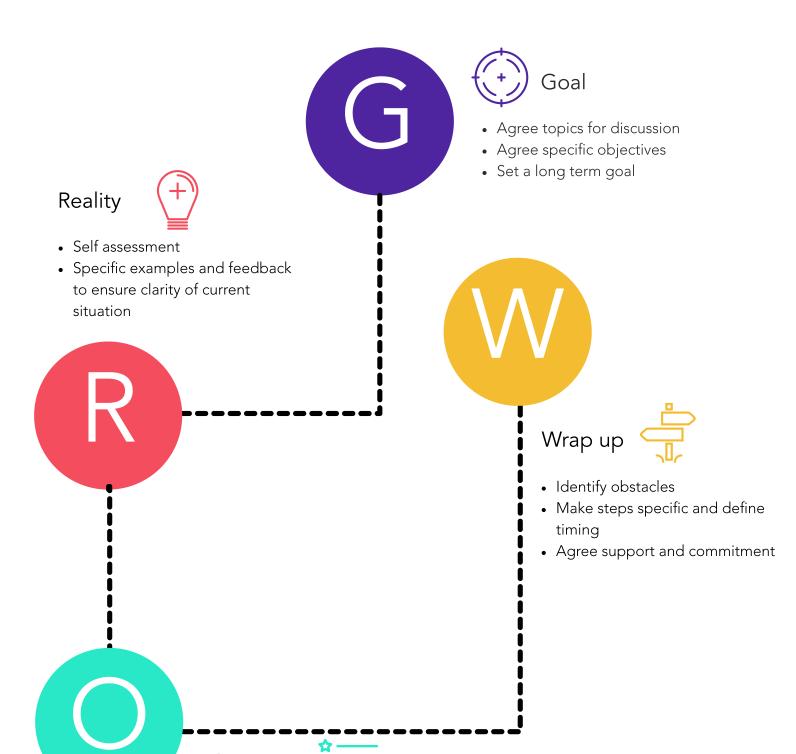
#coaching #development

**#performance # learning** 

## 3WaySwitch

www.threewayswitchlive.com

# G.R.O.W. Coaching Model



Options 😽 -

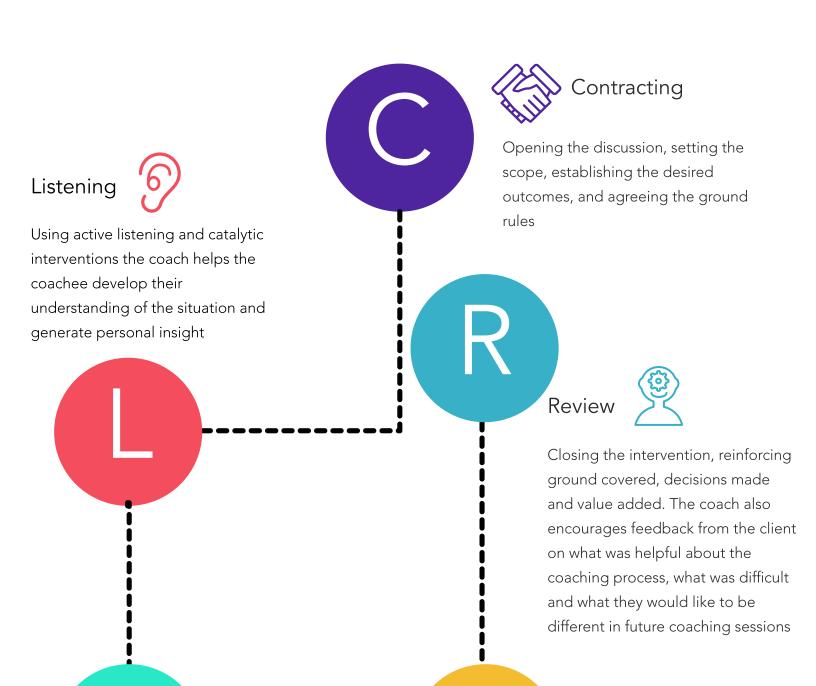
- Invite suggestions for coachee
- Offer suggestions
- Ensure choices are made

#### Sources

https://www.makingbusinessmatter.co.uk/grow-model-questions/ https://clevermemo.com/blog/en/grow-coaching-model/

Whitmore J., Coaching for performance: growing human potential and purpose: the principles and practice of coaching and leadership

# C.L.E.A.R. Coaching Model



### Exploring

Helping the coachee to understand the personal impact the situation is having on themselves and challenging them to think through possibilities for future action in resolving the situation

Action	



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Supporting the coachee in choosing a way ahead and deciding the next step

### Source

https://www.businessballs.com/coaching-and-mentoring/clear-model/

## Why entrepreneurs need coaching

While we think of young entrepreneurs as energetic and proactive go getters, they also need coaching to help them develop and grow. Coaching should be seen as an investment and not a cost.



Focusing on the here, and now and what is currently important can eliminate the distractions of always looking to the next new possibility or option.

Coaching helps to identify blind spots and new areas to develop. It can help provide a view of a larger perspective.

A coach can provide an objective view on problems and issues.



Coaching helps to save time and money by bringing experience to the discussion to reduce the learning time on development of new processes, and potentially help reduce or avoid mistakes.



Coaching can make entrepreneurs accountable for the goals they set and help great better value-oriented or smart goals.



Coaching makes entrepreneurs move out of a comfort zone and creates new challenges.

#### Source

https://www.linkedin.com/pulse/10-reasons-why-entrepreneurs-need-coaching-jeannette-koczela/



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For more information about this project please see:

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